HIKING TRAIL CDF01: THE DOMAIN OF BAN DE LA ROCHE



















Start : Bellefosse



QQ	8 km
0	Half-day
7	250 m
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Bellefosse, or Béfoss in the local dialect, was part of the feudal domain of Ban de la Roche. The hike will take you to the hills of Bellefosse, up to the ruins of the Roche Castle known as "zum Stein" or "Steinschloss", then across the summits to see the feudal lands of Lachamp. Lastly, you can enjoy a meal at one of the two farmhouse restaurants, the Ban de la Roche or Le Promont.





USEFUL INFORMATION

N'oubliez pas d'emporter une carte!

IGN N° de la carte : 1/25 000 Champ du Feu et

Bruche 25

 $\ensuremath{\text{N}^{\circ}}$ carte Club Vosgien : Secteur carte : 1/25 000

3717 ET



CONTACT

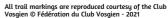
Office de tourisme de la vallée de la Bruche

03 88 47 18 51 - rando-bruche.fr









From the Bellefosse swimming pool









From the car park, along the small upper tarmac road marked 📤 , head for "Château de la Roche" for 250 m. At the next intersection turn left onto the path marked 📤 - 🔀 .

① Take a relaxing break in the Bellefosse swimming pool, only open in July and August (tel. 07 89 78 49 45).

Meals at the Ban de la Roche farmhouse restaurant, reservation required (tel. 03 88 97 35 25).

The ruins of Roche Castle and Haut Lachamp farm



After 2 km on the path marked \bowtie you come to the castle ruins. Continue for 300 m, passing above the old fortress until you come to an intersection with a footpath. Here, you turn left and continue for 200 m before heading to the right along a path marked $\stackrel{\bullet}{+}$, gently climbing towards Haut Lachamp farm in the middle of the fields. Follow the markings $\stackrel{\bullet}{+}$, go past Haut Lachamp farm and continue as far as the road. P Roche Castle dates from the 12th century. It was the fortress of the old imperial fiefdom of Ban de la Roche. In 1469, the Archbishop of Strasbourg ordered the destruction of the castle after a 7-day siege in order to put a stop to the acts of violence carried out by its owner, nicknamed "the robber lord".

On the crests





When you come to the intersection, turn right onto the road and continue for 700 m. At the sign for "Ferme du Promont" turn right at the sharp bend onto the path marked \bowtie .

(i) Two major Roman roads went through the Bruche valley, the Donon Way and the Salinatorum Way (salt road). A 3rd road of less importance is thought to have left from Obernai, passing through Champ du Feu and

The slope of the Climontaine



Keep following the tarmac road for 1.3 km (the ≈ markings will be replaced by markings). From 1584, you would have left the Ban de la Roche, which had become Protestant, on the crest after the Haut Lachamp farm. On the other side was the Catholic Ranrupt valley, the property of a series of lords, notably the Habsburg family in the 14th century. The Ban de la Roche was a Protestant enclave in a mainly Catholic region.

5 Promont farmhouse restaurant





You will soon see Promont farm below at the bottom of a valley. Just before the farm, take the path leading gently up to the right marked \bigcirc .

© For meals at the Promont farmhouse restaurant, reservation required (tel. 03 88 97 62 85). A single menu based on the farm's produce. House desserts, dairy products. Livestock: ducks, cocks, rabbits, calves, pigs, lambs.

Back to the starting point





After 1.5 km, at the crossroads, turn right onto the path marked A - O and then follow the A markings. After 1.2 km, at the crossroads with the paths marked - A - O, you can walk to another viewpoint by following the "Variation". Otherwise, go straight ahead for 400 m along the path marked A to come back to your starting point on the left.

Variation: viewpoint from the Boucherie plateau (+2.5 km, ♀ +45 mins)

At the intersection with the paths marked \approx - \odot , turn left onto the path marked \approx - \odot . After 700 m, turn right at the top of the hairpin bend into the path marked $\stackrel{+}{\rightarrow}$. Continue for 500 m and then turn left to follow the markings \odot . There is a gentle, straight climb to the crest alongside a fence to your right for 600 m. There, you have a 360° view, including the Champ du Feu range and the village of Bellefosse, with the ruins of Roche Castle above on a rocky spur between the fir trees, as well as the Col de la Perheux and the Donon range in the distance. Then retrace your steps and continue for 600 m along the path marked $\stackrel{+}{\rightarrow}$ to come back to your starting point.

i To go a bit further...

Recommended hiking routes to see the villages in Climontaine: H04 "The hamlets of Climontaine", H11 "From Fonrupt to Promont", H12 "From Haut-Ranrupt to Les Hauts-Bois" and H13 "Farms and Farmhouse Restaurants around Ranrupt" available from the Bruche Valley Tourist Office or on rando-bruche.fr.

Other sights to see around Ranrupt: Climont jams, the Haut Bois farmhouse restaurant, Notre-Dame des Malades chapel, the Ehret Creation glass & porcelain workshop, Steige lake, etc. Don't hesitate to visit the Bruche Valley Tourist Office or valleedelabruche.fr for more information.

